



Red Ribbon Week!



What is it? The last week in October, we focus as a school on healthy life-choices and the importance of bullying awareness. Red Ribbon Week is celebrated across the nation.

How does it work at Reedy Creek Elementary? We will have the following activities to highlight the anti-bullying/drug-awareness message this week.

Tuesday, October 23rd **WAKE UP Bully & Drug Free** Wear pajamas to school today

Wednesday, October 24th **Put a LID on Bullies & Drugs** Wear a hat to school

Thursday, October 25th **We Are TOO BRIGHT For Bullies/Drugs. We CAN say no to bullies & drugs** Wear your bright colors today. Bring in a canned good or non-perishable food item to be donated to a local food pantry. Items may be dropped off in the front lobby. *Students may bring in food other days this week as well if they would like to.*

Friday, October 26th **We Are a TEAM Against Bullies & Drugs** Dress in your favorite team's jersey or shirt

Monday, October 29th **SOCK It To Bullies & Drugs** Silly sock day

Tuesday, October 30th **We Are Too Smart To Get MIXED Up With Bullies or Drugs** Wear mismatched clothing

Wednesday, October 31st **I Have the POWER to be Bully/Drug free** Wear your favorite superhero shirt/outfit to show your courage to make healthy & kind choices!

Students can sign the Bully-free pledge with their class.

- ✓ I will not bully anyone.
- ✓ I will help anyone that is being bullied.
- ✓ I will report bullying when I see it.
- ✓ I will help to make our school safe.

Parents: Did you know?

Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't, yet only 25% of teens report having these conversations.

Go to www.redribbon.org for resources on how to talk to your child.

Special Events:

- **Mix It Up at Lunch Day-** 2nd-5th grade students are "mixed" up and sit with classmates they may not normally sit with. This is done in an organized & fun way for students.
- **Positivity Chain-** students who would like to, may sign their name on a strip of paper, which will be included in our positivity chain, which will be in the cafeteria hallway.

Questions:: Contact Mrs. Dudek, School Counselor. 919-380-3660 ext. 21693 or cdudek@wcpss.net